WASHING ADVICE

I’ll give you two sets of washing instructions. Firstly, the official recommended instructions, and secondly what I personally do. These instructions apply to both knitwear and pashminas.

Scroll past all the pictures to get to my easy but riskier method that I can’t really recommend.

The things you will need
Clean bowl, some baby shampoo or cashmere detergent, cold water.

Drain it
Empty out the soapy water.

Rinse it.
Using a shower and cold water rinse out the soapy water. Do not twist, pull or scrunch the pashmina.

Fill up the bowl
Use really cold water. Cashmere and pashminas prefer cold water!

Rinse again
Rinse it again in clean, cold water.

Pour in the detergent
Just a cap full should be enough

Dry it flat
Either hang it up or lay it out flat to dry. This will remove most creases.

Mix it up
Mix in the detergent so it is equally spread in the water.

Iron it
Put a cloth on top of the pashmina or cashmere, and iron it with plenty of steam. If you don’t use a cloth you might leave shiny patches. After ironing it will look fresh like new.

Add your pashmina
Or jumper, or blanket etc.

The quick and easy way. Completely your own risk...
Cashmere is not as fragile as many people think. We used cashmere baby blankets with our kids when they were babies and they often got dirty. Washing those in the washing machine was fine except for the time I put it on at 60C and they came out small and thick!

Generally with cashmere knitwear and pashminas, I just hang them in the washing machine on the 30C wash or 40C wash with my other laundry and regular detergent.

I always hang them up to dry being careful that the item is nicely spread out so that no creases are formed.

If I want it looking nice and fresh and new, I will iron it with plenty of steam. I am careful not to iron on any seams on knitwear and to make sure a pashmina is completely flat, so I don’t end up with any shiny bits.

Gently does it...
Move it around gently. For any stains you should get a dry-cleaner to help. Or let it soak a bit and then mix it up again.